



Therapeutic Gardening

Paul de la Motte, President of Australian Horticultural Therapy Association Inc.

Gardens and horticultural programs have been used for many years as a therapeutic tool in various settings such as hospitals, rehabilitation and aged care centres. This course aims to provide participants with practical advice on how to run a Horticultural Therapy program. It includes sessions on practical activities, analysis of needs of different target groups, monitoring the program, adaptive tools and therapeutic design.

Date: 14th & 15th March, 2009 **Time:** 9am to 5pm, **Duration:** 2 days,
Fee: \$365 **Location:** Waverley Campus, 585 Waverley Rd, Glen Waverley

Sessions include: Therapeutic benefits of gardening
Specific needs of target groups
Basic gardening skills
Designing a Therapeutic Gardening program
Therapeutic activities
Matching tasks/activities to client needs/goals
Measuring / Monitoring success
Therapeutic design
Developing a design
Sensory plants
Poisonous/ dangerous plants
OH&S considerations
and much more

Phone 03 9564 1546 for more information

Or visit www.shortcourses.holmesglen.vic.edu.au

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